



## **“PREVENTER PAPERS” – THE KEYS TO INJURY PREVENTION**

The workplace sometimes exposes employees and volunteers to physical injury. Falling, stress and strain from lifting and carrying, and injuries from working with tools and other equipment all are too common.

Our “Preventer Papers” can help. If you can gather your employees and volunteers in small groups on a regular basis, it is a good opportunity to take five minutes and review a safety topic together. If a group session isn’t possible, you still can provide the papers to your people and tell them how important safety is to your operation and your mission.

Either way, these documents can help you establish a culture of safety-consciousness, and personal responsibility for accident prevention. Our “Preventer Papers” on injury prevention, most of which are a single page, cover the following topics:

### **Avoiding common injuries**

**Fall prevention - general**

**Reaching**

**Energy and machinery**

**Pushing and pulling**

**Falls from vehicles**

**Housekeeping and storage**

**Don’t twist and shout**

**Dangerous furniture**

**First aid**

**Puncture wounds**

**Cumulative trauma disorder**

**Knives**

**Chairs aren’t ladders**

**Get a grip**

**Carrying**

**Falls on stairs**

**Personal protective equipment**

*Next page: “Preventer Papers” on vehicle safety*



## **“PREVENTER PAPERS” – THE KEYS TO VEHICLE SAFETY**

When your volunteers or employees get behind the wheel to drive on behalf of your organization, make sure they have the right keys – the key points to remember about safety, and how to prevent accidents. Our “Preventer Papers” can help. The papers, most of which are a single page, cover the following topics:

### **Attitude**

**Avoiding being struck from the rear**

**Defensive driving**

**Cold weather driving**

**General safety**

**Following**

**Patience**

**Speed**

**Pretrip checklist**

**Falls from vehicles**

**Driving rules**

**Accident response**

**Intersections**

**Space cushion**

**Right of way**

**Seat belts**

**Be prepared**

**School zones**

**Passing**

**Van safety**

**Being passed**

**What yellow means**

**Head-on collisions**

**Vehicle backing**

VIS members have 24/7 access to all our Preventer Papers, and a variety of other resources to help manage the risk of volunteer engagement. Membership is only \$25 a year. [Join now.](#)

### **About VIS**

[Volunteers Insurance Service Association, Inc. \(VIS\)](#) was established in 1972 for the purpose of providing insurance and risk management services for volunteer-based organizations. In addition to still providing these insurance services today on a nationwide scale, we have expanded to provide noninsurance resources for members to manage their risks and improve their operations. By transferring the volunteer risk exposure to our program, we can help you protect your organization. Contact us today at (800) 222-8920 for more information on our programs and services. [Join now!](#)