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ATTITUDE

The American Insurance Association has found that a driver's improper attitude is the leading cause of vehicle accidents. Each of the following causes of accidents is usually the result of a driver's attitude or emotional state, not of vehicle defects or road and traffic conditions.

1. Driving too fast for conditions.
2. Overestimating your ability to stop within the amount of clear space ahead of you.
3. Passing at the wrong time or place.
4. Following the vehicle ahead of you too closely.
5. Failing to yield the right of way.
6. Driving on the wrong side of the road.

Poor attitudes or an upset emotional condition can affect your driving. As a trusted and responsible driver, be determined to leave problems and worries behind, put yourself in a good frame of mind, and make sure you have a positive attitude when you get behind the wheel.

Here's a simple checklist:

- Check safety conditions and equipment on your vehicle before you begin your trip.
- Remember all of the defensive driving procedures and tips that you have learned.
- Drive safely -- govern the speed of your vehicle according to the conditions around you.