

## **DRIVING RULES**

## 1. A, B, C's (and D and E) of driving safety:

- A Be far-sighted -- Look well ahead.
- **B** Move your eyes continuously. Don't stare ahead but look to the front, sides, behind, and at cross traffic.
- **C** Take in the whole picture. Look at what is all around you, nearby and far ahead, and see how it may affect you.
- **D** Maintain a space cushion. Make sure your vehicle has room around it; drive so that others don't box you in; keep an escape route open; and watch out for other drivers' blind spots.
- **E** Communicate. Do not assume that others know what you are doing. Give signals of your intentions, give the signals early, and make sure your signal is noticed. Make eye contact with the other driver.

## 2. Space Cushion Rule:

Allow stopping distance from the vehicle in front using the following as a guide.

If you drive a:

Car or Van – allow 2 seconds
Truck or Bus – allow 3 seconds

Add one second for speed over 40 miles per hour. Add one second for slippery conditions such as rain, leaves on the road, etc.

## 3. Accident Prevention Formula:

A See the hazard.

**B** Understand the defense.

C Act in time.